



'It's hard to be hopeful in this horrible situation'

Adil Al-Serri, **metroNEWS plus metroVIEWS**

Halifax metro

ANNE VS. BELLE
The great feminist debate
metroVIEWS



Your essential daily news | WEDNESDAY, MARCH 29, 2017

High 1°C/Low -2°C Snow ☕



The Mooseheads' Otto Somppi gets shut down by Huskies goalie Olivier Tremblay. JEFF HARPER/METRO

'Most disruptive' year in education

CLOSURE

Students hurt by storm days, says expert



As children hunkered down for another storm day on Tuesday, an education expert was sounding the alarm about the impact lost days have on student learning.

"This is the most disruptive year in the history of Nova Scotia education. We have a combination of school days lost for storm cancellations, the labour disruption and the one-day lockout," said Paul Bennett, director of Schoolhouse Consulting in Halifax.

"It has affected every sin-

gle student and teacher, and the sad reality is we have no way of assessing the impact on learning."

So far this school year, institutions under the Halifax Regional School Board's jurisdiction were closed a total of 9.5 days for weather-related reasons.

Bennett said the Maritime provinces lead the country "by a considerable margin" when it comes to weather-related closures. He pointed to Winnipeg, where earlier this month they had their first storm-related cancellation since 1957.

"It's virtually the case in every jurisdiction outside the Maritimes that teachers are in school. They would have been in school everywhere but here (on Tuesday)," he said.

Bennett said technology makes it possible to provide online learning so students

don't have to miss out.

"There's a cumulative impact on student learning and performance, particularly in mathematics," Bennett said.

"The evidence is that after five days lost there's a break in continuity and there is a degradation of school climate and the focus on learning is lost among the students."

Social media, parental anxiety and a more litigious society all play a role in the decision-making process, and Bennett said that does make it more difficult for those managing the system.

Doug Hadley, spokesman with the Halifax Regional School Board, said the decision is never made lightly.

"Given the road conditions due to snow and freezing rain overnight and the forecast calling for several more hours of freezing rain,

+ IN NUMBERS

Days missed by Halifax Regional School Board students due to weather closures:

2016-17: 9.5
2015-16: 5
2014-15: 5.5
2013-14: 4
2012-13: 4

we made the decision," he said about Tuesday's closure. "Student safety is always priority."

Hadley added that because the minister of education sets the school year calendar, boards don't have the authority to add days to make up for lost time.

"We depend on the fact that our teachers are very adept at adjusting their practices," he said.

BLANKED

Halifax falls 2-0 to Huskies at home, trail in first-round series

metroSPORTS



"I was meant to be an Event Planner."

Complete our Event and Promotions Management program in just one year.

Hands-on training on how to develop, plan, manage, execute and evaluate a successful event. Work in tourism, sports, entertainment, corporate, and fundraising events.

The only program of its kind in the Maritimes!

APPLY NOW
to Start
this Fall!

daVinci COLLEGE

davincicollege.org

1.866.429.1847
1577 Barrington St.
HALIFAX, NS B3J 1Z7





'I never meant to offend'

SOCIAL MEDIA

Politician apologizes for insensitive YouTube video

A Halifax councillor and provincial Tory candidate has apologized for racially insensitive language he used on a video posted to his YouTube page.

Coun. Matt Whitman had posted a video showing him yelling "Chinese fire drill!" as he and a friend scrambled from a car.

Whitman removed the short video Sunday, a week after he posted it. At the time, he said it had become a "distraction," but on Tuesday he apologized amid a growing backlash.

"I apologize for my lapse in judgement and my unintentional use of what I now understand to be an insensitive term," he said in a Facebook post.

"I never meant to offend or hurt anyone. I have learned from this experience."

The roughly 12-second video shows Whitman running around the car with a passenger after he screams the expression, prompting several people on Twitter to accuse him of being racially insensitive.

"Chinese fire drill" is the kind of thing that should get people fired from public office," tweeted Melissa Mackie on Saturday.

Whitman is also the Progress



Coun. Matt Whitman in chambers Tuesday. JEFF HARPER/METRO HALIFAX

sive Conservative candidate for Hammonds Plains-Lucasville. Tory Leader Jamie Baillie was not available for an interview about the video, and the party declined to give a comment.

Senator Wanda Thomas Bernard, a Dalhousie University prof, said the expression is concerning because of its history.

"A concern that I have about the term is the racist origin and hence racist overtones," she said in an email.

The term dates back to a botched fire drill during the Second World War, according to University of King's College professor Simon Kow.

"Some people will find it

offensive," he said. "It obviously taps into a stereotype about Chinese, meaning something which is chaotic, confused, incompetent, that sort of thing."

Kow, who is of Chinese descent, said in the context of more

extreme comments made by public figures, the content of the video isn't surprising.

"It's not OK," he said. "People should be careful how they use language."

THE CANADIAN PRESS

+ ONGOING INVESTIGATION

RCMP reviewing video

RCMP Cpl. Dal Hutchinson said Tuesday that officers were reviewing the video to see if further action is needed. "We'll look at it to see if it warrants us conducting an investigation," he said.

The RCMP has said police are also investigating whether the video was made while the car was on the road, and the force discourages people from this type of action while driving. METRO

TOURISM

Mini-train for core



Zane Woodford
Metro | Halifax

Commuter rail isn't yet a reality in Halifax, but a small "community road train" could be coming downtown this summer.

Consisting of an "engine" and three 20-passenger train carriages, the six-foot-wide vehicle would run a circular loop stopping at businesses along Hollis and Lower Water streets and the waterfront from June to October of this year.

Coun. Wayne Mason said during Tuesday's meeting of Halifax regional council that the idea isn't new, but it's an improvement on a service the municipality used to provide — the old FRED (Free Rides Everywhere Downtown) bus.

Ambassadors CEO Dennis Campbell pitched the idea to the municipality, asking for \$120,000 over the next three years to help fund the train. A staff report says local businesses and "pay as you can" donations from ridership would help fund it. Profits would go back into the service.

CONTEST

Best names to float city boats win transit passes

Ready your best boat names, Halifax. Starting Wednesday, the municipality is taking submissions to name two new Halifax Transit ferries.

In April, city staff will select 20 of them, a committee made up of the mayor and a few councillors will pare that down to five, and then Haligonians vote for the best two. The people who submit the winning names win Halifax Transit passes for one year.

The last naming contest brought in hundreds of submissions — including some as ridiculous as Fart Hopper — but the name Viola Desmond made it onto the ferry.

Coun. David Hendsbee has

TAKE PART

How to participate

To enter the contest to name the new ferries, go to halifax.ca.

led a campaign for the past few years to circumvent the contest process and name a ferry after Halifax Explosion figure Vincent Coleman. He attempted to amend a motion approving this year's contest at Tuesday, but the motion was ruled out of order.

The first of the two new ferries hit the water this year.

ZANE WOODFORD/METRO HALIFAX

Recycling Ambassador Volunteer Program

Make a difference in your condo!

- Do you want to help the environment?
- Are you tired of seeing the wrong things in the wrong bins?
- Do you want to help your neighbours learn to recycle right?

Sign up to become a Recycling Ambassador today!

- Request a Volunteer Application Form by email to wasteless@halifax.ca or phone 902.490.5960
- Attend a training session

What will I do as a Recycling Ambassador?

- Keep an eye on waste bins for issues
- Put up information posters
- Improve waste bin signage
- Arrange a lobby education session
- Orientate new residents to the system
- Receive support from municipal staff



Garbage
(clear bag)



Organics
(green cart)



Recycling
(blue bag)



Paper
(grocery, food or separate blue or clear bag)

Want to learn more about the Recycling Ambassador Volunteer Program?

Visit the website: halifax.ca/recycle/ambassador.php

Why can't we drink outside?

Focus on ending alcohol dependence, not on wine in parks

HALIFAX MATTERS

Tristan Cleveland



I was in a park in San Francisco a few weeks back when I saw the most scandalous thing. Young people were sitting on blankets sipping wine and beer, enjoying snacks in the sunshine.

I sure am glad that's illegal in Halifax.

Wait, why the heck is that illegal in Halifax?

If we are concerned about drunk people being obnoxious outside, all we need is a public drunkenness law, which we already have.

Where people go about getting drunk should be beside the point. Everyone I've seen arrested for excessive drunkenness got drunk in house parties or bars. Unless there's a reason to think Victoria Park will tempt more people into excess than the Dome, banning beer outdoors does nothing.

If the goal is to prevent homeless people from drinking, the law isn't working. In any case, if some of our poorest, most vulnerable residents suffer from alcoholism, slapping them with fines is an inhumane way to deal with it.

What are we afraid of? Drinking outside is already allowed in Montreal, across Europe and around the world. The primary impact appears to be an increase in the number of people enjoying parks in the late afternoon.

In Germany, people enjoy



A couple enjoys a glass of wine outdoors while on a picnic at King Family Vineyards in Crozet, VA in the United States — a luxury Haligonians are not able to enjoy. Drinking outside in public spaces is illegal in the city, but Metro's columnist says the focus should be on combating drunk driving, alcohol dependence, and violence against women — not public consumption of beer or wine. GETTY IMAGES

warm mulled wine while perusing winter markets. In Halifax's winter markets, anyone with mulled wine have to cram together behind ropes like cattle. Why do we put up with that?

If these simple pleasures were currently part of Halifax life, there is no way we would accept this excessive intrusion into our freedom to enjoy life. The government would need solid justification.

Here's the justification the provincial finance department sent me: "All provinces, except Quebec, have a similar

prohibition. This is part of government's commitment to ensure alcohol is purchased, sold, consumed and manufactured in a manner that is in



Alcohol has many negative consequences, but it also plays a positive role in our lives. It creates social bonds and makes food taste delicious.

the public interest through a balanced approach."

There you have it folks: the reason you can't have a beer with a picnic is because...

balance?

And if you do have that beer, you could be slapped with a whopping \$467.50 fine. Bizarrely, if you got too

drunk in a bar, went outside and started actually causing a problem, you will be fined \$134, one third as much.

Alcohol has many nega-

tive consequences, but it also plays a positive role in our lives. It creates social bonds and makes food taste delicious, which is why four fifths of us drink it. Short of banning it entirely, we should work to manage alcohol's downsides while maximizing the benefits.

Our focus should be on ending alcohol dependence, drunk driving and violence against women. There's a lot of hard work that needs doing on those fronts.

We should not, however, ban the taste of wine with cheesecake on a sunny day in

Point Pleasant. A glass of red with a picnic is exactly the kind of socially positive activity that contributes to quality of life and makes Nova Scotia an attractive place to live.

The Liberal government made a step in the right direction by allowing licensed restaurants to sell two alcoholic drinks without each customer having to buy food. It's not the 1920s anymore, so let's keep it coming with reasonable laws like this one.

No one should have to hide that they're enjoying a Big Spruce by the ocean on a sunny day.



MAR 29 & MAR 30 & MAR 31

60+ APPRECIATION DAYS

Guests, 60 years of age or older receive 15% off their meal.



Mulgrave Park will finally be upgraded

COMMUNITY PROJECTS

Park gets \$5M investment after years of local advocacy



Ben Macintosh
For Metro | Halifax

After years of work, Mulgrave Park community advocates were rejoicing Tuesday as federal and provincial governments announced a \$5-million community investment.

Elaine Williams, president of the Mulgrave Park Tenants Association, was in tears during the funding announcement at Mulgrave Park Caring and Learning Centre.

For many years, Williams led the charge to get funding for her

community.

"We have waited for so long and worked so hard, it's finally coming together," she said during Tuesday's news conference.

Construction is expected to start this July and end in the spring of 2019. Upgrades will include a basketball court, scooter park and exterior building repairs.

Williams' passion for her community even had her meet with Justin Trudeau two years ago to

make a plea for funding.

Halifax MP Andy Fillmore was on hand to announce the funding on behalf of the federal government. "We want to improve the water quality and electricity in the community. The money will also help improve older buildings," he said.

With more than 300 residential units, Fillmore said Mulgrave Park is one of Halifax's most important affordable housing developments.



Mulgrave Park has changes coming. JEFF HARPER/METRO

NISSAN MY CHOICE SALES EVENT

CHOOSE FROM:

UP TO

\$4,000

PARTS AND ACCESSORIES CREDIT*

OR

UP TO

\$3,500

BONUS CASH*

OFFER APPLICABLE ON MOST MODELS. THE AMOUNTS SHOWN ARE AVAILABLE ON 2017 TITAN MODELS.

ON TOP OF EXISTING OFFERS

RIGHT VEHICLES • RIGHT PRICE • RIGHT TIME

ROGUE*

LEASE* FROM \$251 MONTHLY WITH \$1,495 DOWN THAT'S LIKE PAYING ONLY

\$59

WEEKLY ON 2017 ROGUE S FWD FOR 39 MONTHS

PAYMENT INCLUDES \$1,500 MY CHOICE BONUS CASH

STANDARD FEATURES:

- HEATED FRONT SEATS
- REARVIEW MONITOR
- LED DAYTIME RUNNING LIGHTS AND TAIL LIGHTS
- XTRONIC* TRANSMISSION

MICRA*

LEASE* FROM \$165 MONTHLY WITH \$995 DOWN THAT'S LIKE PAYING ONLY

\$39

WEEKLY ON 2017 MICRA SV AT FOR 39 MONTHS

PAYMENT INCLUDES \$1,000 MY CHOICE BONUS CASH

INCLUDES:

- MOONROOF
- ALUMINUM-ALLOY WHEELS
- XTRONIC* TRANSMISSION
- HEATED FRONT SEATS

SENTRA*

LEASE* FROM \$211 MONTHLY WITH \$995 DOWN THAT'S LIKE PAYING ONLY

\$49

WEEKLY ON 2017 SENTRA SV CVT STYLE PACKAGE FOR 39 MONTHS

PAYMENT INCLUDES \$1,250 MY CHOICE BONUS CASH

*See dealer for details, offers end March 31, 2017

POLITICS

Promise of more balanced budgets

Nova Scotia's Liberal government is committing to a balanced budget for 2017-18 — its second straight year in the black, as red ink keeps flowing in other East Coast provinces.

Randy Delorey confirmed during a speech to the Halifax Chamber of Commerce Tuesday that the April 27 budget will confirm the government has balanced its 2016-17 books, and will introduce a balanced budget for the year ahead.

"That is exciting, that is important. But one balanced budget does not fiscal sustainability make," Delorey told the audience.

In Nova Scotia, the governing Liberals have made fiscal responsibility a key part of their political message, and will likely tout their back-to-back balancing of the books if they call an expected election later this year.

Delorey also promised Tuesday that the Liberals will provide a tax break for small companies, matching a Progressive Conservative 2013 campaign promise to lower the threshold for the small

business income tax rate.

He said the threshold will be rising to \$500,000 from \$350,000, meaning "more than 1,000 companies" will shift into the lower income tax bracket, paying rates of three per cent rather than 16 per cent on the income.

Tim Houston, the Progressive Conservative finance critic, said he favours balanced budgets. Still, he wondered aloud what it would mean for government services ranging from schools to nursing homes.

"Balancing the budget is a good thing. What's even better is if it's balanced according to the priorities of Nova Scotians," he said.

NDP Leader Gary Burrill said that the Liberals have decided that avoiding a deficit is more important than restoring cuts to nursing homes' operating budgets and improving classroom conditions.

"I think the minister of finance has made it very clear in this budget the government isn't going to make investments that are required," he said.

THE CANADIAN PRESS

But one balanced budget does not fiscal sustainability make.

Randy Delorey



Nova Scotia Finance Minister Randy Delorey. THE CANADIAN PRESS

\$200 SAYS YOU WON'T DRIVE A BETTER TRUCK.

TEST DRIVE A NEW TITAN. IF YOU END UP BUYING A COMPETITOR'S TRUCK, WE'LL GIVE YOU A \$200 GAS CARD.

GET UP TO

\$10,000

CASH CREDIT ON 2017 TITAN 5.0L V8 4x4 PLATINUM RESERVE OFFER INCLUDES \$1,500 MY CHOICE BONUS CASH

- CANADA'S BEST TRUCK WARRANTY 5-YEAR/160,000 KM BUMPER-TO-BUMPER WARRANTY*
- THE 2017 NISSAN TITAN HAS BETTER ACCELERATION, HANDLING, AND BRAKING THAN THE 2016 F-150*
- THE 2017 NISSAN TITAN HAS A 28% IMPROVEMENT IN FUEL ECONOMY**

CANADA'S BEST MANAGED COMPANIES
Platinum member

OREGAN'S
DRIVING HIGHER STANDARDS

NISSAN HALIFAX DARTMOUTH

HALIFAX - 3461 KEMPT ROAD • 902-453-2020
 DARTMOUTH - 60 BAKER DRIVE, UNIT C • 902-469-8484
 OREGANSNISSANDARTMOUTH.COM | OREGANSNISSANHALIFAX.COM



A path that connects Joseph Howe Drive to Percy Street. JEFF HARPER/METRO

Assault on woman 'out of the ordinary'

CRIME

Attack took place on walking path in daylight



Grace Gormley
For Metro | Halifax

Halifax police say an assault on a 61-year-old woman Monday afternoon was "out of the ordinary."

The victim was walking on a path between Percy Street and Joseph Howe Drive around 2 p.m. when she was attacked by three young people.

The assault was interrupted when a man walking along the same path approached them

as the assault was underway. No weapons were used and nothing was stolen from the victim.

Police were not called right away. They were contacted after the woman was taken to hospital for her injuries. Police said her injuries are not believed to be life-threatening.

The investigation is still ongoing, but Halifax Regional Police spokeswoman Const. Dianne Penfound said based on the evidence it doesn't appear the woman knew her attackers.

A limited description of the three suspects has been given. The two men were white and both wearing all black. The woman was described as being darker skinned. They are all believed to be between the ages of 18 and 25.

INFO WANTED

Police are encouraging the public to come forward with any information they may have about the case.

"It was the middle of the afternoon. It's out of the ordinary," said Penfound of the assault in broad daylight.

The popular pathway is located near the 3500 block of Percy Street between Percy and Joseph Howe Drive. Used by many walkers, Penfound said they don't believe the path is unsafe. But she said anyone concerned by the assault is encouraged to walk in open spaces and to walk with others.

BUDGET

No rate hikes for this year in Halifax Water's business plan



Zane Woodford
Metro | Halifax

Halifax Water presented its business plan for the coming year to regional council on Tuesday, detailing some new work and services coming this year.

The utility is forecasting a \$6.75-million deficit in its budget for the 2017 fiscal year, but it's hoping to use surplus money from the last two years

\$6.75M

The deficit the utility is forecasting in its budget for the 2017 fiscal year.

to make up the difference.

Rates won't be hiked this year, but could rise in coming years as Halifax Water continues to take on infrastructure projects across the municipality.

With federal and provincial

money from the Clean Water and Wastewater Fund, the utility will take on the Northwest Arm Sewer Rehabilitation, Peninsula Transmission Main Rehabilitation, Lake Major Dam, Sullivan's Pond Storm Sewer Renewal, and Underdrain Replacement projects, along with service enhancements in Fall River and Herring Cove.

Homeowners will also start getting new meters this year, which will allow them to track their water usage online "in near real time."



PORT HASTINGS Traffic stop leads to drug charges

Two men from Newfoundland and Labrador are facing charges following a traffic stop in Port Hastings on Monday during which drugs were seized from their vehicle.

In a media release Nova Scotia RCMP said the incident occurred at about 4:30 p.m. on Highway 105.

Police found 10 pounds of cannabis marijuana and 100 grams of 'shatter.' Shatter is a highly potent form of cannabis resin.

David Bruce Hunter, 57, of Little Bay and his passenger Carl Walter Jacobs, 55, of Deer Lake have been charged with possession of cannabis marijuana and cannabis resin for the purpose of trafficking. METRO

NEW BRUNSWICK Health warning issued

Norovirus is circulating in New Brunswick, health officials warned Tuesday as they encouraged residents to take precautions.

Tracy Barron of Nova Scotia's Health Department said they had no numbers, but "we have no indication that this is an unusual season in terms of the presence of the virus." THE CANADIAN PRESS

Earn Your MBA While You Work!

Master of Business Administration Community Economic Development

- A popular program that provides advanced skills in business, leadership, development, and international management.
- Learners can complete the degree by attending course intensives over three July residencies, on campus in Sydney.
- Acclaimed faculty from across Canada.
- Recognition of past learning.

Amanda Tarr, MBA in CED'12
Community Resources Advisor
Innovacorp, Halifax, NS

Cape Breton University | **Shannon School of Business**

Tel: (902) 563-1467 | mba@cbu.ca | www.cbu.ca/mba

Train to become an Interior Decorator

Complete a 2 year program in just 60 weeks.

Apply Now to Start this Fall!

800 Sackville Dr., Lower Sackville, NS

successcollege.ca 902.865.8283



Displaced children stand outside their tent in the Dharwan camp of Amran province, north of Yemen's capital of Sanaa. The ongoing conflict has pushed thousands of children into severe malnutrition. GETTY IMAGES

Yemenis fight to keep hope alive

Millions have been displaced as war hampers humanitarian intervention



Gilbert Ngabo
Metro | Toronto

Wyle Baoween isn't sure if he'll ever realize his dream.

The Yemeni-Canadian entrepreneur based in Vancouver has always wanted to go back to his native country and start a business. But the ongoing war and a looming famine have left his hopes in shambles.

"I'm very devastated," said Baoween of the emergency that's left millions of Yemenis on the brink of a famine and pushed thousands of children

into acute malnutrition.

"Yemen was already the poorest country in the Middle East, and now even the little hope that was there is ruined."

The United Nations has already declared the situation in Yemen the largest humanitarian crisis in the world, with two-thirds of the entire population in need of immediate assistance.

Over three million people have been displaced, and humanitarian interventions are hampered by ongoing hostilities.

After visiting the country earlier in March, a UN official



told the Security Council that \$2.1 billion in funding is needed to save at least 12 million Yemenis — otherwise they will "simply starve to death."

Baoween, whose family members are "scattered all over the world" due to the conflict, said he's worried about Yemen's future.

“

We don't really know what else to do.

Adil Al-Serri

"No one is working; militias are taking kids and forcing them into fighting. It's just scary," he said.

Adil Al-Serri, a Yemeni living in Toronto since 2008, said his father owns a grocery store in Sanaa, but people

have been "simply taking stuff out" without paying.

"He's going out of business because no one has money to pay," said Al-Serri. He's heard stories of people trying to sell off their cars and clothes in order to buy food.

Members of the Yemeni-Canadian community are collecting donations to send to the country through different NGOs working on the ground.

"We don't really know what else to do, but it's hard to be hopeful in this horrible situation," he said.

ABOUT THIS SERIES

Metro is chronicling the story through the lens of immigrants from the affected countries, with a focus on how people can get involved.

Monday Vicky Mochama on how Canada can step up its interventions.

Tuesday Focus on Somalia, and how this could be worse than 2011.

Wednesday Yemen, and the role of war in the ongoing famine.

Thursday The situation in South Sudan, the world's youngest country.

Friday Nigeria, with views from diaspora members and a local expat.

READ THIS SERIES FROM THE BEGINNING
metronews.ca

BY THE NUMBERS | YEMEN

\$173 million
Total funds raised so far

\$2.1 billion
Funds required to avert a famine



3 out of 4

Yemen has a population of 24.4 million. Of those, **18.8 million** people are food insecure



500,000

Children under five suffering from acute malnutrition

SOURCE: UN OFFICE FOR THE COORDINATION OF HUMANITARIAN AFFAIRS

HOW YOU CAN HELP

Yemeni-Canadians across the country are leading efforts to collect funds and donate.

■ Tihamah Hunger Crisis:

A relief campaign led by Islamic Relief Canada has raised over \$8,000 to fight hunger in northern Yemen. More info at islamicreliefcanada.org

■ **World Food Program Canada:** The UN branch runs operations inside Yemen and has launched

an appeal for donations to avert the famine situation. For more information, visit wfp.org/facingfamine

■ **World Vision:** The charity is the biggest implementing partner of the World Food Program in East Africa. Private donations can be made at worldvision.ca

HEADLINE COFFEE

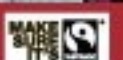


Bringing the world to your doorstep. Every month you'll open the door to a new supply of expertly selected and deliciously roasted coffee from around the globe. New month, new adventure. Discover this truly unique and awakening coffee experience.

Bringing the world to your doorstep.

\$18⁹⁹/month INCLUDES SHIPPING & TAXES BROUGHT TO YOU BY **metro**

Order by April 1st for early April delivery: headlinecoffee.ca



UN starved of funds to deal with crisis

FUNDING

U.S. plan to cut aid could have far-ranging effects

The world's largest humanitarian crisis in 70 years has been declared in three African countries on the brink of famine, just as President Donald Trump's proposed foreign aid cuts threaten to pull the United States from its historic role as the world's top emergency donor.

If the deep cuts are approved by Congress and the U.S. does not contribute to Africa's current crisis, experts warn that the continent's growing drought and famine could have far-ranging effects, including a

new wave of migrants heading to Europe and possibly more support for Islamic extremist groups.

The conflict-fueled hunger crises in Nigeria, Somalia and South Sudan have culminated in a trio of potential famines hitting almost simultaneously. Nearly 16 million people in the three countries are at risk of dying within months.

Famine already has been declared in two countries of South Sudan and 1 million people there are on the brink of dying from a lack of food, UN officials have said. Somalia has declared a state of emergency over drought and 2.9 million of its people face a food crisis that could become a famine, according to the UN. And in north-eastern Nigeria, severe malnutrition is widespread in areas affected by violence from Boko

“We are facing the largest humanitarian crisis since the creation of the United Nations.”

Stephen O'Brien,
UN humanitarian chief



Mothers wait with their children to receive therapeutic milk to help combat the malnutrition their children are suffering from, in Juba, South Sudan. THE ASSOCIATED PRESS

Haram extremists.

“We are facing the largest humanitarian crisis since the creation of the United Nations,” Stephen O'Brien, the UN humanitarian chief, told the UN Security Council after a visit

this month to Somalia and South Sudan.

At least \$4.4 billion is needed by the end of March to avert a hunger “catastrophe” in Nigeria, Somalia, South Sudan, and Yemen, UN Secretary-Gen-

eral Antonio Guterres said in late February.

But according to UN data, only 10 per cent of the necessary funds have been received so far.

Trump's proposed budget

would “absolutely” cut programs that help some of the most vulnerable people on Earth, Mick Mulvaney, the president's budget director, told reporters last week. The budget would “spend less money on people overseas and more money on people back home,” he said.

The United States traditionally has been the largest donor to the UN and gives more foreign aid to Africa than any other continent. In 2016 it gave more than \$2 billion to the UN's World Food Program, or almost a quarter of its total budget. That is expected to be reduced under Trump's proposed budget, according to former and current U.S. government officials.

“I've never seen this kind of threat to what otherwise has been a bipartisan consensus that food aid and humanitarian assistance programs are morally essential and critical to our security,” Steven Feldstein, a former deputy assistant secretary of state in the Obama administration, said.

THE ASSOCIATED PRESS

JOIN THE FIGHT

SUPPORT CANADIANS
LIVING WITH CANCER
BUY DAFFODILS



Canadian
Cancer
Society

cancer.ca/daffodil

Flagging a long wait

CANADA

Order your free Peace Tower flag now, enjoy in 60 odd years

Ryan Tumilty
Metro | Ottawa

If you're looking to fly a Peace Tower flag on your own flagpole, your wish can come true — but it'll take a while.

Since 1994, every Canadian has been eligible to receive a flag from the tower or from a few other spots on Parliament, free of charge. But the waiting list is getting very long.

I should know.

I filed a request two weeks ago and, as of today, I can expect to wait 68 years to receive my very special maple leaf.

Given my age (34) and what I know about my genetic makeup — not to mention my approach to exercise and diet — the best I can reasonably hope for is that the flag will be lovingly placed over my coffin after a flying electric hearse has deliv-



Any Canadian can request for a free Peace Tower flag but they may face a wait of several decades. THE CANADIAN PRESS/ADRIAN WYLD

ered my 102-year-old body to, I hope, a well-attended service sometime in 2085.

My nephew, born last month, might receive the flag, which I plan to put in my will, as a retirement gift.

Magda Hovjacky, director of ministerial correspondence for Public Services Canada, said Canadians understand the symbolic and sentimental value added to the flag itself, which measures 2.3 metres by 4.6 metres. And that, she said, explains why

the waiting list has unfurled to such prodigious lengths in recent years (Canadians receiving flags today applied a mere 12 years ago, in 2005.)

"To receive a flag flown from Parliament Hill is to receive a piece of our history," she said. "Accelerating this journey would take away from its uniqueness."

Flags from West and East Block are also available, but even they would take 55 years to arrive if you placed your request today.

WINNIPEG

Small suites cause a huge backlash

Jessica Botelho-Urbanski
Metro | Winnipeg

News of plans to turn a Winnipeg into micro-apartments spurred social media backlash on Monday.

The mixed-use plans being considered for the city's the Osborne Village Motor Inn would see commercial space on the main and basement floors, with tiny rental units available on the upper levels starting next spring, said Ken Yee, senior vice-president with Cushman Wakefield Winnipeg.

The suites would range in size from 275 to 450 square feet with rents spanning \$975 to \$1,400, Yee said.

"I wouldn't ever pay these prices for such a tiny place,"

one Metro reader commented on Facebook. "But that's me, I'm sure someone will."

"OMG!!!!!! Let's pay WAY too much money for tiny apartments next to a fire hall! This is what everybody will want!" said another reader.

"This idea gave me cancer," a third person wrote.

Jino Distasio, director of the Institute of Urban Studies at the University of Winnipeg, said the compact living arrangements being proposed are already popular in other cities, but have rarely been tested here.

"The market ends up dictating whether or not it works in Winnipeg," he said. "(After) the immediate reaction (by readers), maybe the developers are scratching their heads and thinking, 'Do we need to workshop this a bit more?'"

BERLIN

Stolen coin likely melted already

A former RCMP organized crime specialist has some ideas of what happened to the world's largest and purest gold coin, a 221-pound Canadian whopper called The Big Maple Leaf — stolen this week from the Bode Museum in Berlin.

"It could be melted into slabs already," said Chris Mathers, who worked undercover for years against organized crime groups and now heads a Toronto-based security company.

The Big Maple Leaf is almost pure gold, making it into the Guinness Book of Records for its purity of 999.99/1000 gold.

While the coin's face value is 1 million Canadian dollars, its gold content alone is worth about six times as much.

TORSTAR NEWS SERVICE

150 WAYS of looking at Canada

POSTCARD NO. 57

JACQUES CARTIER BRIDGE, MONTREAL



A HIGHLIGHT WHEN VISITING MONTREAL LAST NOVEMBER WAS OUR WALK ALONG THE JACQUES CARTIER BRIDGE. FROM THIS BRIDGE, I WAS MESMERIZED BY THE BEAUTY OF THE CITY AND THE NIGHT AND WAS REMINDED OF THE LONG HISTORY OF THE MIGHTY ST. LAWRENCE.
JOANNE KAASHOEK

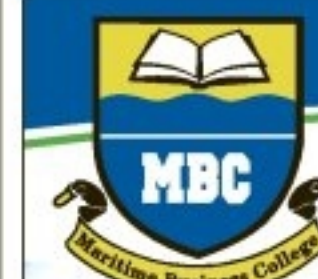


THE ART OF STONE

Extensive selection of Brazilian granite and European marble, Italian and Spanish porcelain / ceramic tiles, Counter tops, Flooring, Fireplace, Décor, Outdoor Landscaping & Accessories

Brazilian Granite • \$70 per sq ft
Italian and Greek Marble, Onyx
\$70-\$80 per sq ft

Mon - Sat • 8am - 6pm
eurostoneandmarble.com • 902-406-7338



Since 1899
45 Alderney Dr. Ste 100
Dartmouth, NS
B2Y 2N6

A new career. A better life.

"I want my life to mean something."

Train to become a Medical Office Administrator in just 13 months.

Medical Office Administration.



Apply Now to Start this Fall!

Call or Click Today

902-463-6700

maritimebusinesscollege.com



JESSICA ALLEN ON THE IRRESISTIBLE PULL OF THE PAST



Listen, I'm not saying my Green Gables nostalgia is better than your Beauty and the Beast nostalgia ... My point is one person's nostalgia is another person's retro-kitsch.

Beauty and the Beast has dominated the box office for the second Friday in a row.

I can only presume millions of adults — some of whom I know, and one of whom has gone back twice — are seeing the live-action remake of a 1991 Disney cartoon because they remember how they felt when they first saw it and want to feel the same feels wash over them again.

I get that. If I had been 10 when Beauty and the Beast first came out, maybe I'd be lining up to see this new tale as old as time, too. But I was in Grade 11. My jam was less Disney, more Backdraft.

I think there are two reactions to much-beloved screen remakes and reboots: The nostalgia for the original is powerful enough that you are game for whatever the reincarnation may be. Or, you hold the original so close the idea of recreating it repulses you.

Take CBC's reboot of Anne of Green Gables, Anne. Why would I want to watch the new eight-part miniseries when I can revisit the perfect 1985 Anne of Green Gables? On VHS, DVD, or Blu-Ray!

I was 10 years old when that two-part miniseries aired, which went on to enchant millions of others around the world. I would fake sick to stay home to watch it. My Barbies became Anne and her "bosom friend" Diana. And if they weren't nearby, I'd commandeer my brother's Star Wars figurines. Greedo may have once doubled as Gilbert Blythe. The relationship is serious and

Even pornography has specialist categories like 'natural' and 'vintage hairy' that harken back to golden days.



BACK TO THE FUTURE There are two ways to react to a reboot of a beloved cultural brand, Jessica Allen writes: Nostalgia for the original that makes you game for any reincarnation, and reverence for the original that prevents any recreation from measuring up. DISNEY, THE CANADIAN PRESS

I am faithful.

Last week, however, I may have accidentally cheated and watched the first episode of Anne online. I almost didn't make it through the opening credits when I heard the Tragically Hip's Ahead By a Century play, because there is no Hip in my Avonlea, P.E.I., which is, yes, fictional.

But I'm glad I persevered. It's good. In fact, it's so lovely that I tuned in to the second episode. Amybeth McNulty, while more childlike than Megan Follows' red-haired orphan ever was, is a fine Anne Shirley. And while there has never been more choice casting than Colleen Dewhurst and Richard Farnsworth as Matthew and Marilla Cuthbert, the siblings who adopt Anne, Geraldine James and R.H. Thomson's performances may have elicited tears and laughter.

Listen, I'm not saying my Green Gables nostalgia is better than your Beauty and the Beast nostalgia. That's ridiculous. (But Belle basically has Stockholm Syndrome and Anne is literally a heroine.) My point is one person's

nostalgia is another person's retro-kitsch. Heck, for some monsters, even the '85 Anne series may pale in comparison to Lucy Maud Montgomery's 1908 novel.

Today, it's hard to keep pace with the rebrands, remakes, and reboots; a good thousand years past before Renaissance-era folks decided to mine the culture of the Greeks and Romans. Meanwhile, Alicia Vikander is the new Lara Croft and I haven't even seen the second Tomb Raider film starring Angelina Jolie.

"There has never been a society in human history so obsessed with the culture artifacts of its own immediate past," Simon Reynolds wrote in 2011's Retromania: Pop Culture's Addiction to Its Own Past.

It's everywhere: Clothes from two decades ago are considered vintage. Even pornography, Reynolds notes, has specialist categories, like "natural" and "vintage hairy," that harken back to golden days, which are at present alive and well — at least for me.

Are we stuck in a retro rut? Look at the weekend's box



office again. Power Rangers is right behind Beauty and the Beast, followed by Kong: Skull Island. Beauty and the Beast scored "the fourth-largest second weekend of all time," Variety noted, behind Star Wars: The Force Awakens, Jurassic World and The Avengers.

I wouldn't call any of the above films original.

Speaking of originals, my dad recently purchased the complete TV box sets of Twilight Zone and Have Gun Will Travel.

Calm washed over him "because those moments I spent enjoying them originally were peaceful moments in an adolescent storm," he said. "I carved out a piece of that by going back to see all those familiar faces of actors long gone, and unremembered, by even my own generation. But there they were again."

We won't get those moments back, but that doesn't stop us from trying. In that, we may all be kindred spirits.

Jessica Allen is the digital correspondent on CTV's The Social.

VICKY MOCHAMA

Bill 'Do more with less' Morneau needs to wake up and smell the disaster

In the middle of an unprecedented and underfunded food crisis, finance minister Bill Morneau says Canada can do more with less foreign aid.

Asked why the Liberal government's recently announced budget does not contain any additional funding for foreign aid, he said, "We do have a view that we can do more with less, and that creating economic success is important."

Morneau pointed to a development finance institution that will direct money towards private companies so that they invest in projects to reduce poverty globally. Corporate incentives, while ultimately necessary, cannot be counted on in dire scenarios where there is no foreseeable profit, such as during natural disasters and famines.

As food insecurity threatens four countries, the promise of the 2015 Liberal win — sunny ways and all — isn't being followed up by the proud internationalism of a previous era or met with the sobering sense of responsibility that propelled the party to victory.

In other years, Canada's reticence on the global stage would be cause for concern. This year, it is cause for alarm.

The United States, traditionally the largest global donor, plans to cut 28 per cent from its international spending. President Donald Trump's administration also plans to shrink its contribution to the UN budget.

OECD data shows that in 2015 Canada's official development assistance was \$4.24

billion US. (Official development assistance encompasses several forms of aid including loans and grants.) Last year's budget added a modest \$256 million over two years to that total. Even the addition of a \$300-million development-finance institute still doesn't bring Canada anywhere close to fulfilling a long-standing commitment of contributing 0.7 per cent of gross national income to development aid.

On this, we have been outpaced by Sweden, Norway, Denmark, Luxembourg and the United Kingdom. The UK is the only G7 nation that has not only met the target in recent years but did so under a Conservative government. They took it a step further by enshrining the goal in law.

The 0.7 per cent goal was pioneered by Canadian Prime Minister Lester B. Pearson. It became a key commitment of the United Nations in 1970. Canada pledged in 2005 to meet the target by 2015.

Canada has never met it.

In the meantime, there is little in the way of global leadership to meet the \$4.4 billion US ask from UN agencies working to address the food crisis in northern Nigeria, South Sudan, Somalia and Yemen.

They have received only ten per cent of that money.

To 20 million people in four countries and the constellation of agencies working for them, it is a moral failing to suggest that they do more while Canada does less.

metro
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT,
REGIONAL SALES
Steve Shrout

MANAGING EDITOR HALIFAX
Philip Croucher

ADVERTISER INQUIRIES
adinfohalifax@metronews.ca
General phone 902-444-4444

FREE TO SHARE 

PHILOSOPHER CAT
by Jason Logan

NOSTALGIA IS
A SEDUCTIVE
LIAR.


GEORGE W. BALL

Philosopher cat now at
www.mymetrostore.ca



FOOD TRENDS

Silicon Valley's plant-based burger puts squeeze on meat industry



Joe Callaghan
Metro Canada

As one of the masterminds of the new foodie millennium, David Chang is always ahead of the curve.

So when the man behind Momofuku declared last summer that he had discovered a gastronomical gamechanger, we should have paid more attention.

"I was genuinely blown away," Chang said of the new addition to the menu at Momofuku Nishi, his New York hub. "It was something I knew I had to get behind."

He was referring to the Impossible Burger — an entirely plant-based burger that looks, feels, cooks, smells, tastes and even bleeds like the real thing. Less than 12 months on, it appears Chang was onto something.

Impossible Foods, the company behind the innovation that counts Google Ventures and Bill Gates amongst its backers, last week announced plans to take the burger global. The company unveiled a mass production facility close to its Silicon Valley base that will churn out up to 4 million plant patties per month.

The burger hasn't yet crossed the border, the company has plans to bring it to Canada next year. Proteins have come along in recent times, but the huge buzz and rave reviews swirling around the Impossible Burger signal this offering is different.

And that could be bad news



The meat-free Impossible Burger, produced in Silicon Valley, is made to appeal to meat eaters, not vegetarians. CONTRIBUTED

for a Canadian meat industry fighting to maintain its place in a rapidly changing market.

"There is a rising interest in alternative meats," Mike von Massow, a professor at the University of Guelph's Food Institute told Metro. "That group isn't huge right now but it is growing. Will (the Impossible Burger) take half the market in the next 18 months? No, probably not. But is there a significant opportunity for growth? Yes."

That growth could be all the more significant if the burger's positive reviews hold up as it hits

the mass market. Impossible's breakthrough in reproducing their own plant-based heme, the molecule that naturally gives blood its colour and burgers their metallic moreishness, has been the key to their success.

"It looks great," said Sabrina Falone, director of culinary innovation at THP, a Toronto-based creative food agency. "I could definitely see how the texture could be alluring because it looks so similar to that of beef ... We all eat with our eyes first and our palates second."

As millennials and baby boom-

ers embrace an era of unprecedented food choice, Canadians aren't eating as much meat with their eyes or palates.

Last year, beef saw its biggest annual drop in over 30 years — eight per cent according to the Canadian Cattlemen's Association.

But the industry insists they are not concerned at the potential of the Impossible Burger to further eat into sales.

"I don't think the volumes are very big yet ... it will be interesting to see how much pickup they get," Ron Davidson, senior

vice-president of the Canadian Meat Council, told Metro. "You called it meat. I don't know if it even qualifies for that, frankly. It's something anyway."

Davidson was bullish about the prospects of an industry that employs 66,300 Canadians. Meat exports to the Asian market remain strong. In short, their position is they have enough on their plate without worrying about the Impossible Burger.

"This is initially a novelty product and some people may eat it. But it goes against the trends, the move towards natural product;

not wanting lab or industrial products," added Davidson.

But as Canada's foodie hubs and the country at large have proven, trends can take off very quickly here — and stick.

"There are so many demographics that would gravitate towards it in our food culture," said Falone.

"Given how ... the ethical and sustainability aspects of food play into what's becoming popular in our cities, then for sure if the Impossible Burger came to town, there would be lines around the block."

SMILE. RUN. PLAY. LEARN.

- Over 40 summer camps to choose from!
- Options for ages 5-18
- Lunches included for most camps
- Convenient & free early drop-off/late pick-up available

REGISTRATION NOW OPEN, VISIT US ONLINE TODAY!

WWW.DAL.CA/CAMPS

DALPLEX



Party drugs laced with fentanyl

AWARENESS

Wife mourns husband, warns casual drug users

Genna Buck
Metro | Toronto



On Feb. 11, Oghenovo Avwunufe was a perfectly healthy 25-year-old.

He had a degree in political science, but was fuelling his passion for sneakers with a job at an Adidas store in Toronto. He was savouring the honeymoon phase of his relationship with Jody McLennan, whom he married in August.

"He was a loud person. He was always joking around. Wasn't the least bit shy. He was always having fun, making noise, dancing," McLennan, 39, said. "He had a lot of life in him."

On Feb. 12, he was dead.

The previous night, McLennan went to a show with a friend and Avwunufe had a couple of



Jody McLennan is speaking out after the death of her 25-year-old husband. EDUARDO LIMA/METRO

friends over.

Unbeknownst to her, he snorted a couple of lines of cocaine, which he did once in a while. He didn't even take enough for her to notice he was high.

He fell asleep. She crashed on the couch. Then, in the early hours of the morning, "I went to wake him to say we should go downstairs to bed. And he wasn't alive anymore," McLennan said.

She called 911, and started CPR. But it was too late.

Police told McLennan the coke was likely laced with fentanyl, a powerful painkiller 50 to 100 times stronger than morphine. A dose the size of two grains of sand is enough to kill an adult. It's not meant for people who haven't built up a tolerance to opiates. It's dangerous to handle without gloves.

Now, McLennan said, she's speaking out about the dangers of tainted street drugs in hopes that others won't become "another statistic" like her husband — one of the skyrocketing number of Canadians dying every year from opiate overdose.

Especially those who, like Avwunufe, didn't even know they were using an opiate.

Fentanyl and related pain-

killers, mostly made in illegal labs in China, are showing up in a huge variety of recreational street drugs — and unless you happen to be a chemist, there's no sure-fire way to spot a bad batch.

The most recent data from Canada's national drug testing lab shows that, as of March 2016, 21.6 per cent of heroin and 4.8 per cent of cocaine is contaminated with fentanyl.

The drug has also been found in methamphetamine, codeine and alprazolam (Xanax). It has even showed up in blotter sheets being sold as LSD in Manitoba.

At STS Pain Pharmacy in Victoria B.C., which specializes in addiction care, clients can bring in street drugs to have them tested for contaminants like fentanyl.

The results, said staff pharmacist Jarred Aasen, have been staggering: More than 90 per cent of the samples they've tested had fentanyl. And it wasn't just in the usual suspects like heroin and counterfeit OxyContin, but also cocaine and the popular party drug MDMA.

Dip-stick tests for detecting fentanyl — like the ones available from harm-reduction

stations at some music festivals — are not all that useful, Aasen explained.

They don't tell you how much fentanyl is present. And they can't detect any of the drug's dozens of chemical variants, which are everywhere, or its much more poisonous cousin carfentanyl — a large-animal anesthetic not approved for any use in humans.

"Always assume there's fentanyl," Aasen said. "And there's no safe dose (of fentanyl)."

As to why fentanyl is showing up in drugs where it has no business being? "It's a big question mark," Aasen said. It's been suggested that drug makers are using fentanyl as a filler because it's simple to make and it only takes a tiny amount to get high.

For now, McLennan would like recreational drug users to keep naloxone, a drug that can help reverse the effects of an overdose, on hand — and inform themselves about the risks.

"If I had asked him before he passed away about fentanyl, I don't think he'd even know what it was. If we both had been more educated, we could have made better choices."



SPONSORED CONTENT

METALS 'R' US

Forging a successful business

Celebrating 20 years in business this year, Metals 'R' Us continues to put the spotlight on product variety, fast delivery and reasonable prices.

The Dartmouth-based company has the largest variety of mill-certified metals in eastern Canada, according to Rodney Burns, president.

"We specialize in cut-to-size metal products, and there's very little that we don't have," says Burns.

In-stock products include a variety of tubing, pipes, grating, bars and other products made from steel, aluminum, stainless steel, brass, copper, lead, chrome, rotocast and zinc.

Metals 'R' Us has also invested in computerized equipment so metal orders can be cut to size quickly, accurately and efficiently.

Burns has been working with metals for most of his working life. In 1984 he started Rod's Machine Shop in Dartmouth. When one of his largest suppliers of cut metals — W.A. Moir — went out of business in 1992, he hired some of the sales staff, and bought a lot of its stock.

Burns officially unveiled Metals 'R' Us in 1997. His son Melvin became the owner/operator of Rod's Machine Shop. Today Metals 'R' Us has eight employees, brisk sales and a great reputation.



Rodney Burns, president, Metals 'R' Us, invests in the latest equipment, such as the Hyd-Mech metal cutting band saw. CONTRIBUTED

Time is always an issue in the metal industry, says Burns. The company appreciates the efficient courier system in the region, which makes it possible for Metals 'R' Us customers to order in the morning and receive their order in the afternoon in most cases.

At the end of the day, "of course, Metals 'R' Us couldn't have done it without family, employees, suppliers and, of course, our customers," says Burns.

For more information, visit metalsrus.ca.

METALS

'R' US

"Your One Stop Metal Supplier"

*Celebrating
20 Years
in Business*

Burnside Industrial Park
85 Gloria McCluskey Ave., Dartmouth
902-468-1112

Factory Authorized Clearout



The New
2017 Accent L Manual 5 Door

0%
Lease & Finance
Rates

Get up to
\$8,000*
in savings

ONLY
AT STEELE
HYUNDAI!

INCLUDES THE
STEELE HYUNDAI
**STAR
TREATMENT**

Was ~~\$13,999~~
- \$4,650 In price
adjustments

Now
\$9,349*



The All-New
2017 Elantra L

INCLUDES THE
STEELE HYUNDAI
**STAR
TREATMENT**



The New
2017 Santa Fe Sport 2.4L FWD

INCLUDES THE
STEELE HYUNDAI
**STAR
TREATMENT**



The New
2017 Tucson 2.0L FWD

INCLUDES THE
STEELE HYUNDAI
**STAR
TREATMENT**

Lease for only
\$39**
Weekly
At
0%
For
39
Months
With
\$0
Down

Finance for only
\$69**
Weekly
At
0%
For 96 Months with \$995 down

Lease for only
\$59**
Weekly
At
0%
For
39
Months
With \$995 down

ALL OFFERS
INCLUDE
THE STAR
TREATMENT†

THE
STEELE HYUNDAI
**STAR
TREATMENT**

Steele Tire and Rim Complete Package Includes:

Free
Tire and Rim
Warranty



Free
Tire and Rim
Storage



Free
Snow Tires
Included



Free
7 Alignment
Checks

More Steele Hyundai Exclusive Offers!

2017 ELANTRA GLS

SUNROOF, ALLOYS, SMART TRUNK & MORE
WAS \$22,699

SAVE OVER
\$3700*

NOW **\$19,499*** #H7133

2017 ELANTRA LIMITED

LEATHER, NAVIGATION & MORE
WAS \$26,249

SAVE OVER
\$3700*

NOW **\$22,990*** #H7177

2016 SONATA ULTIMATE

WAS \$35,699

SAVE OVER
\$8000*

NOW **\$28,743***

**WE HAVE AUTO LOAN SOLUTIONS FOR ALL
CREDIT SITUATIONS. COME IN & SEE US TODAY!**



3625 Kempt Road
Halifax, Nova Scotia
Local: 902.982.3980

www.steelehyundai.com

Steele
HYUNDAI



* Plus freight, tax & fees. ** Plus tax & fees. † See dealer for details. Tax included savings. See dealer for details.



New 10-speed built Ford tough



HANDOUT

THE CHECKLIST | 2017 FORD F-150

THE BASICS

Engine: 3.5-liter turbo-charged V6
Output: 370 horsepower, 460 pound-feet of torque
Transmission: 10-speed auto
Battery size: 28 kWh
Fuel Economy (L/100 km): 13.6 city, 10.3 hwy (4x4)
Price: Starts at \$30,049. As tested \$53,000.



LOVE IT

- Smooth shifts
- Clever transmission brain
- Power

LEAVE IT

- Numb steering

REVIEW

Second gen EcoBoost engine gives more power



Dan Ilika
AutoGuide.com

Ford has proven that it is willing to take big risks with its best-selling pickup. For 2017, it's introducing new technology that could ruin the way its best-seller drives.

You need only see how Jeep's launch of the jerky, unrefined nine-speed automatic in the Cherokee went over to understand how adding more gears to a transmission can complicate matters while bringing few benefits. For 2017, Ford is using a new 10-speed automatic transmission connected to the top-dog 3.5-litre EcoBoost engine, which has also been heavily revised, enough so that Ford calls this the second-generation of this engine.

The truck has more power and it will burn less fuel. Output is rated at 370 horsepower and 470 pound-feet of torque, more torque than can be found in any other half-ton pickup at the moment and a boost compared to the previous 3.5-litre EcoBoost.

However, the boost in fuel economy isn't major.

The new power is noticeable when you pour on the throttle, blasting this truck to highway speeds. Tip-in power is immediate and the small bit of lag that came along with the last-generation 3.5-litre EcoBoost is gone.

The most common issue with so many gear ratios is the transmission's programming, in other words, how it thinks. And the F-150's brain seems quite smart. Each shift is smooth and well calculated, keeping the truck in the power when necessary and upshifting often to save fuel.

This truck drives the lightest of the half-ton bunch, with the ability to tuck into a corner and feel nimble. The medium weighting of the steering wheel provides a decent feeling in your hands, although the wheel itself is mostly lifeless and insulated from the road below it. The only weak point of the truck after a full day of driving was fuel economy.

Ford has taken what was already a powerful, clever pickup truck and made it even better with some new smart engineering. And the brand isn't slowing down. In 2018, Ford will introduce a new diesel engine along with revisions to its entire F-150 engine lineup, which include this 10-speed mating to nearly all of the truck's engine options.

SERVICE DIRECTORY

To advertise contact 902-421-5824

MARCH 29

RECRUITMENT



NOW HIRING

METCAP LIVING MANAGEMENT
 Cleaners • Resident Managers
 Receivers • Leasing Agents

Submit applications to:
 Teddy@metcap.com
 Angie.Craig@metcap.com
 Fax: 902-407-8051

Reference the position you're applying for

NOW HIRING



EXPERIENCED LANDSCAPERS

- Must have own vehicle able to transport equipment (compensated for mileage)
- Valid Driver's License with minimum 3 years of driving experience

Email your resume & cover letter to:
info@armdalelawncare.ca

IS YOUR COMPANY LOOKING TO HIRE A NEW EMPLOYEE?

Call today to place your Recruitment Ad **HERE!**
902-421-5824

Metro reaches 112,000 readers daily!

PSYCHIC SERVICES

OM SHIV SHANKAR ASTROLOGER

WORLD FAMOUS INDIAN PSYCHIC & SPIRITUAL HEALER

PANDITH: GANESH JI

100% Guaranteed Results

PALM READING • FACE READING • FUTURE READING
BEST SOLUTION FOR YOUR BRIGHT FUTURE

• Family	• Stop Divorce	• Education	• Court Case
• Love	• Psychological	• Business	• Stress
• Marriage	• Childless Couple	• Job/Work	• Drinking
• Sickness	• Boyfriend Problem	• Hardtime	• Sexual
• Health	• Relationship	• Depression	• Lottery Etc.

Expert in Removing - CURSE, - BLACK MAGIC, - EVIL SPIRIT, - WITCHCRAFT, - NEGATIVE ENERGY, - BAD LUCK, - JEALOUSY, - JINN, - ENEMY PROBLEM, - BUTU, - OBEYA, - VODOO, - JADOO, - BAD EYES ETC. & GIVING STRONG LIFETIME PROTECTION

Open 7 days | All Religions Welcome | Private & Confidential
VISIT ONE TIME & FULFILL YOUR LIFE WITH HAPPINESS

What Are You Waiting For? Call Now For Appointment:
902-403-9194 Halifax, NS

TOUGH. SMART. CAPABLE. UNDISPUTED.



PRO TRAILER BACK-UP ASSIST[®] | SYNC[®] 3[†] HANDS-FREE TECHNOLOGY | 5-STAR SAFETY RATING[®]

**LEASE THE 2017
F-150 XLT SUPERCREW 4X4 5.0L
WITH TRAILER TOW PACKAGE**

\$199

EVERY 2 WEEKS

0.49%

APR^{*}

36

MONTHS

\$3,250

DOWN

OFFER INCLUDES \$1,800 IN FREIGHT AND AIR TAX

**ELIGIBLE COSTCO
MEMBERS RECEIVE
AN ADDITIONAL**

\$1,000*

**ON MOST NEW
2017 F-150
MODELS**



**FIND IT. DRIVE IT. OWN IT.
VISIT FINDYOURFORD.CA FOR AN ATLANTIC DEALER NEAR YOU.**



Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be canceled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible raincheckable Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental Incentives, the Commercial Uplift Program or the Commercial Fleet Incentive Program (CFIP). *Some driver input required. Driver-assist features are supplemental and do not replace the driver's attention, judgment and need to control the vehicle. †Features/functionality vary by vehicle/model. Don't drive while distracted. Use voice-operated systems when possible; don't use handheld devices while driving. Some features may be locked out while the vehicle is in gear. Not all features are compatible with all phones. Message and data rates may apply. Optional Navigation system map updates cannot be received via Wi-Fi and require a separate update. ‡Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). *Until March 31, 2017, lease a new 2017 F-150 SuperCrew 4X4 5.0L for up to 36 months and get 0.49% APR on approved credit (OAC) from Ford Credit Canada Company. Not all buyers will qualify for the lowest APR payment. Lease 2017 F-150 SuperCrew 4X4 5.0L with a value of \$38,654 (after \$3,250 down payment or equivalent trade in and \$3,750 manufacturer rebate deducted and including freight and air tax of \$1,800) at 0.49% APR for up to 36 months with an optional buyout of \$23,604, monthly payment is \$431, (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of \$199), total lease obligation is \$18,766, interest cost of leasing is \$455 or 0.49% APR. Taxes payable on full amount of total lease financing price after Manufacturer Rebate has been deducted. Additional payments required for PPSA (RDPRM for Quebec), registration, security deposit (except in Quebec), NSF fees (where applicable), excess wear and tear, and late fees. Lease offer excludes options, Green Levy (if applicable, and except in Quebec), license, fuel fill charge, insurance, dealer PDI (except in Quebec), PPSA (if financed or leased) (a maximum RDPRM fee of \$47 and third-party service fee of \$4 for Quebec, if leased), administration fees (except in Quebec), and taxes. Some conditions and mileage restriction of 60,000 km for 36 months applies. Excess kilometre charges are 16¢ per km plus applicable taxes. Excess kilometre charges subject to change (except in Quebec), see your local dealer for details. All prices are based on Manufacturer's Suggested Retail Price. *Offer only valid from March 1, 2017 to April 30, 2017 (the "Offer Period"), to resident Canadians with an eligible Costco membership on or before February 28, 2017. Receive \$500 towards the purchase or lease of a new 2017 Ford Focus, Fiesta, C-MAX, and \$1,000 towards all other Ford models (excluding F-150 Raptor, Shelby® GT350/GT350R Mustang, F-150 Regular Cab XL 4x2, Cutaway/Chassis Cab and F-650/F-750) (each an "Eligible Vehicle"). 2016 model year vehicles may qualify as Eligible Vehicles (excluding Fiesta, Fusion, Taurus, Explorer, Escape, Expedition, Transit Connect, E-Series Cutaway, F-150 Regular Cab XL 4x2, F-150 Raptor, F-250, F-350 to F-550, Cutaway/Chassis Cab and F-650/F-750) and depending on available inventory - see dealer for details. Limit one (1) offer per each Eligible Vehicle purchase or lease, up to a maximum of two (2) separate Eligible Vehicle sales per Costco Membership Number. Offer is transferable to persons domiciled with an eligible Costco member. Applicable taxes calculated before offer amount is deducted. F-Series is the best-selling line of pickup trucks in Canada for 51 years in a row, based on Canadian Vehicle Manufacturers' Association statistical sales report up to year-end 2016. ©2017 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under license. ®Registered trademark of Price Costco International, Inc. used under license. ©2017 Ford Motor Company of Canada, Limited. All rights reserved.

SiriusXM
Available in most
new Ford vehicles
with 6-month pre-paid
subscription.

Get your classic car spring-ready

UPKEEP

Time to dust off your ride with warm weather on the way



Dan Ilika
AutoGuide.com

Another dreary winter is almost behind us, which can only mean one thing: it's time to get your prized ride back into shape for spring.

The good news is that getting your car back in road-ready condition is far less labour-intensive than getting it ready for storage — though it's far more rewarding. Here's our eight-step guide to getting your classic car ready for the road.

Air it out

If you followed our tips for proper winter storage then it's time to reap the benefits. Whether it's been stored in your own garage or another indoor storage facility, it's been under wraps for a few months now, so peel the cover off and take a step back to admire your chariot. This is also the ideal time to reverse the pest-prevention and odour-eating steps you took at the onset of winter. That means removing both the baking soda and mothballs from inside the car. This would also be the time to crack the windows and open the doors to get some fresh air inside.



If you prepped properly for winter storage, it'll be a breeze getting your sports car road-ready for spring — and much more satisfying. iStock

Do a thorough inspection

It's easy to get a little too eager and skip a few steps in the process, but this one is crucial. Time isn't very kind to cars, and particularly classic ones, so it's important to check for issues like cracked hoses and belts. These rubber parts can dry out quickly, and so they should be first on the inspection sheet. Equally important are components like gaskets and seals, which should be checked for possible leaks.

It's all a little time-consuming, sure, but it could save on expensive service bills in the near future. Again, if you followed our winter storage tips then you'll be benefitting from the car being on jack stands right about now.

Prep the tires

If you removed the wheels and tires then now's a good time to put them back on. Regardless, the condition of the tires should be checked for both adequate tread life and the quality of the rubber. Rubber, like any composite material, breaks down over time and needs to be replaced. It's better to nip this potential issue in the bud. Last but not least, check to ensure there's enough air pressure in each tire before lowering it back down to solid ground.

Check the battery and fluids

This is the point at which the decision to replace your car's fluids late last year looks like a particularly fortuitous one. Not

only did doing so prevent harmful contaminants from working their way through your vehicle's vital components, but it also means it's that much closer to being road-ready.

The same goes for the battery, which should have been removed and stored separately or hooked up to a battery tender. Reconnecting the battery terminals is a big step towards getting your classic or sports car back on the road, so do it with pride.

Fire it up for the first time

Finally, after months of leaving it idle it's time to turn the key and let your car run. If it sounds rough, well, that's probably because it's running rough.

Fuel, oil and coolant systems have been starved for months, and so it's important to let it run for 10 minutes to get everything operational. Check the dash for warning lights — something no driver wants to see when out for a night on the town.

Cleanliness is next to godliness

Washing and waxing your car before putting it away for the winter provides an extra layer of protection against corrosion; now it's time to take it a step further. Doing the same thing before your first cruise will remove that potentially damaging layer of dust and dirt, not to mention keep your car looking its best.

Take it for a spin

Now that it's spick and span both inside and out, it's time to take your prized possession out for its first public appearance. This isn't, however, the time to show your car off — at least, that's not the only objective. Instead, this inaugural cruise provides the perfect opportunity to check for any alignment issues or other ailments that may be affecting your automobile. Don't let your ambitions cloud your judgement; if it's running rough then it's best to deal with it as soon as possible.

Enjoy it

Of all the steps, this is the most important. Classic car ownership is a labour of love to be sure, so be sure to love it while you can. Appreciate your time together — because winter's right around the corner.

TOWER

Porsche brings luxe to new level



Jason Siu
AutoGuide.com

The new Porsche Design Tower Miami caters to rich car enthusiasts with a very special feature: an elevator for your car.

It's the first residential real estate project of Porsche, with the 60-story tower's most unique feature being a patented, revolutionary automobile elevator lift system. Nicknamed the "Dezervator," it can carry both residents and their vehicles up to their luxurious home in the sky. In fact, it allows owners to literally have their vehicle at their front door.

Other luxurious amenities in the tower includes plunge pools and outdoor summer kitchens on the balconies of almost every unit. It's a first in Miami and is a feature typically reserved only for the most elite penthouses.

There's a total of 132 units, with each one starting in the \$6- to \$8-million range. Most are already spoken for, including a \$32 million, four-story penthouse.



Porsche is redefining the Miami skyline. HANDOUT

SERVICE DIRECTORY

To advertise contact 902-421-5824

MARCH 29

ACCOUNTING SERVICES

additup
personal, corporate & trust accounting services

**Bookkeeping
Personal and
Corporate Taxes
Year End Financial
Statements**

Angela Pellerine, CPA CMA
902-499-8076
additupinc@hotmail.ca

CASH OPPORTUNITY

**Would you take
\$5000 a WEEK
to QUIT YOUR JOB?**

**Toll Free:
1-844-618-7517**

**FIRE YOUR
BOSS!**

APARTMENTS

APARTMENT FOR RENT

54 JACKSON ROAD • DARTMOUTH

Spacious 1 BR apartments. Mature/adult building close to amenities and bus routes. Heat/HW & Parking included

\$550

902-489-5868 • halifaxapartmentrentals.ca

**NEWLY
RENOVATED UNITS**

1, 2 & 3 BR units

Located on Churchill Crt & Roleika Dr. Dartmouth

**Close to Schools, Buses
and All Amenities!**

**1 Bedroom now \$575
2 Bedroom now \$620
2 Bedroom + Den now \$809
3 Bedroom now \$809**

**Call today 902-462-3544
or 902 830-4851**

PineRentals@gmail.com

MOVERS

**ECONOMY
MOVERS**

902.219.9957

**17' Truck
2 Movers
\$75 / hr**

SPIRITUAL

**Good News
Chapel**

Casual coffee house atmosphere with worship, sharing & Bible message

Wednesdays 7pm

Souls Harbour Rescue Mission
5568 Cunard Street

**COME AS YOU ARE
ALL ARE WELCOME**

MASSAGE THERAPY

**John Panter,
Certified Rolfer™**

**Are you
tired of
chronic
pain...?**

902 425 2612 • fareast@auracom.com

**CALL
TODAY
to see your
ad here!**

902-421-5824

Mazda on the outside, BMW-quiet on the inside

UPGRADE

The CX-5 got an update to bring cabin noise to a whisper



Dan Ilika
AutoGuide.com

Peel back the sheet metal on the 2017 Mazda CX-5 and there isn't a whole lot that stands out compared to the outgoing version.

But it's what you can't see that matters in Mazda's compact crossover, with plenty of work being done to improve the



Changes made to the Mazda CX-5's cabin nearly as quiet as the BMW X3's. HANDOUT

little things, including overall cabin quietness. And quiet it is, with barely a whisper from the road making it inside.

It's not as if engineers simply added some extra sound deadening and called it a day,

though; that would've been way too easy. Instead, materials were meticulously measured and, if necessary, moved or replaced in the name of noise reduction.

Some changes are small ones — windshield wipers that

have been lowered below the hoodline, for example — while others are much more drastic. Parts like the plastic panels in the rear cargo area in the first-gen CX-5 were reflective; rather than deaden sound on impact

they forced them right back into the rest of the cabin. To rectify the issue on the new CX-5, the cargo area is now fitted with fabric throughout that absorbs sound to make for a more peaceful interior experience. As an added bonus, that fabric does better to stand up to everyday wear and tear than the plastic it replaces, which was prone to scraping and scratching.

Of course, the CX-5 employs more traditional means of muting the cabin, including thicker glass, additional insulation in the doors and pillars, new door jamb seals, and a felt-lined plastic panel beneath the vehicle to block road noise at the source. It all adds up to a cabin that's substantially quieter than before. According to Mazda, the

2017 CX-5 ranks near the BMW X3 in both its articulation index and sound pressure scores, two widely used metrics in the auto industry to measure cabin noise levels.

There's also plenty of what Mazda's calling "visual noise improvements" both inside and out of the new CX-5. That means improved fit and finish in panels gaps, and improved aesthetics to avoid lines that intersect each other awkwardly.

Individually, these changes may seem insignificant, but put them all together and it makes for an impressively detail-oriented package that helps set the new CX-5 apart from not only its predecessor but the rest of the compact crossover pack.

DAN ILIKA/AUTOGUIDE.COM

SERVICE DIRECTORY

To advertise contact 902-421-5824

MARCH 29

APARTMENTS



22 & 40 BEDROS LANE HALIFAX | 2BR Available - \$1,210/mth
Condo-styled living overlooking Bedford Basin • Six appliances.
Ceramic and Laminate Flooring • In-Suite Laundry
Fitness Centre • Underground Parking
Close to all amenities • Walking trails
Ask for our Early Move In Incentive!

FIND MY PLACE TO LIVE!
902-402-2915 or 902-431-8028
www.metcap.com



PET & SMOKE FREE

VISIT US AT 5450 KAYE ST.

OPEN HOUSE SATURDAY 12-4PM

REFRESHMENTS & SNACKS WILL BE SERVED

St. Joseph's SQUARE
HYDROSTONE LIVING

NOW RENTING
1 & 2 BEDROOM SUITES
CALL 902.406.5450
5450 KAYE STREET, HALIFAX, NS
STJOSEPHSSQUARE.COM PARAMOUNT DEXEL



A better place? Yes way.

Apartments that are locally owned, community-minded and quality inspired.

UNIVERSAL REALTY GROUP

Find your apartment online at universalgroup.ca or call (902) 425-8877 to view today.

Belmont Court Apartments

Completely renovated, spacious apartments with large balconies near everything Cole Harbour has to offer!

Clean & Quiet	Affordable Rates
Dedicated Parking	On-site Superintendent
On-site Laundry	Great Neighbours

957 Cole Harbour Road, Dartmouth
902-425-5777 • belmontcourt.ca




Open House This Weekend

THE ABIGAIL

Open House 10am - 6pm Daily • 56 Jacob Lane, Bedford
Call 902-402-2591 or visit universalgroup.ca

"Right now we're not playing good basketball": LeBron James whose Cavaliers fell out of first place in the East with Monday's 103-74 loss at the Spurs

Huskies shut door

QMJHL PLAYOFFS

Gravel's great night in vain as Mooseheads offence fizzles



Jonathan Briggins
For Metro | Halifax

For the second game in a row, the Halifax Mooseheads were on the wrong side of a tight playoff battle with the Rouyn-Noranda Huskies.

With a 2-0 win, the Huskies took a 2-1 series lead in front of 5,354 fans at the Scotiabank Centre.

"It was a hard game," said Mooseheads captain Keigan Goetz.

"I thought we played hard, we just didn't play to our full extent I don't think."

Huskies defenceman Zachary Lauzon, the QMJHL's best defensive defenceman in the regular season, scored a rare goal to give Rouyn-Noranda a 1-0 lead late in the first period. It was a one-goal game until Manuel Wiederer added an empty-net goal with eight seconds remaining.

Halifax struggled on the power play, failing to score on 10 chances.



Mooseheads defenceman Walter Flower collides with the Rouyn-Noranda Huskies' Martins Dzierkals on Tuesday night at Scotiabank Centre. JEFF HARPER/METRO

With less than five minutes remaining in the game, Halifax had a 5-on-3 power play for 41 seconds but couldn't tie it.

"Special teams was one of our issues, but also one of our better things tonight. Our PK has been really good this series. We had tons of chances on the power play, we were just getting stumped by their goalie and a couple posts," said Goetz of Olivier Tremblay who had a 29-save shutout for the Huskies.

Halifax has killed off every penalty in the past two games, including five chances in Game 3.

Rookie goalie Alex Gravel was named first star after making 43 saves as Halifax was outshot 45-29. He's faced more than 40 shots in each game of the series.

"You're only as good as your goaltender and Gravel has been amazing for us. He's definitely played over and above from what we are expecting from him," said Goetz.

Moose defenceman Walter Flower left the game in the first period with an upper-body injury and did not return.

After missing Game 2, Jared McIsaac returned to the line-

up and was presented with the Raymond Lagacé trophy for defensive rookie of the year. Nico Hirschier took home the Michel Bergeron trophy for offensive rookie of the year. He was named third star of the game after leading Halifax with eight shots.

The two players are nominated for rookie of the year, awarded in Quebec City on April 5.

Rouyn-Noranda was without Antoine Waked, the team's leading scorer in the regular season with 80 points. The winger is expected to miss six weeks after blocking a shot in Game 2.

HOCKEY

U.S. women's team gets its pay raise

USA Hockey and the women's national team reached a wage agreement Tuesday night to avoid a boycott of the world championships.

Players and USA Hockey announced the deal in a joint statement just three days before the tournament begins in Plymouth, Mich. It's a four-year agreement that pays players outside of the six-month Olympic period.

Star forward Jocelyne Lamoureux-Davidson said by phone Tuesday night that getting a deal done "feels like a weight off our shoulders." Captain Meghan Duggan said players "stood up for what we thought was right and USA Hockey's leadership listened."

USA Hockey executive director Dave Ogren said by phone that he's "relieved" to get a deal done.

After more than a year of negotiations over wages and equitable support, players announced March 15 that they'd boycott the International Ice Hockey Federation Women's World Championship on home ice if significant progress wasn't made toward an agreement. The sides met for 10-plus hours in person last week and continued conversations before striking a deal Tuesday.

Players are set to travel to Plymouth on Wednesday and open the defence of their gold medal Friday against Canada.

THE ASSOCIATED PRESS

6 of 8

The U.S. has won six of the past eight world championships.

IN BRIEF

NFL owners opt to bring video replay onto field

One day after approving the Oakland Raiders' move to Las Vegas, NFL owners got busy passing several rules changes and adopting resolutions they believe will speed the game and enhance player safety.

Most notable Tuesday was the change in handling officiating of video replays. Referees will now watch replays on the field using tablets, eliminating "going under the hood."

THE ASSOCIATED PRESS

Messi suspended for verbally abusing referee

Lionel Messi is banned from Argentina's next four World Cup qualifying games, dealing a blow to a campaign by the 2014 runner-up that has stuttered without him.

Messi's suspension for "having directed insulting words at an assistant referee" during a home qualifier last week against Chile started on Tuesday, shortly before his teammates played Bolivia in La Paz.

THE ASSOCIATED PRESS

LOOK AHEAD

Rouyn-Noranda leads the series 2-1. Halifax hosts Game 4 on Wednesday at 7 p.m.

Join our Metro Reader Panel
and you could
win \$500!*

metro Learn more at metronews.ca/panel

*No purchase necessary. Entry period is Monday, February 6, until Friday, March 31, 2017 at 11:59 pm. Odds of winning depend on total number of prizes awarded. One entry per person. Prizes available online at www.metronews.ca/panel.



MAKE IT TONIGHT

Satisfying Spinach and Pancetta Spaghetti



PHOTO: MAVA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada



Thanks to pancetta this pasta has flavour to the power of 10 but you can also appreciate its healthy quotient of iron-packed spinach.

Ready in 30 minutes

Prep time: 8 minutes
Cook time: 22 minutes
Serves 4

Ingredients

- 250g spaghetti
- 1/3 cup oil, divided
- 1 clove garlic
- 1/2 cup diced pancetta
- 5 oz. fresh spinach
- 1 cup fresh shaved Asiago cheese

Directions

1. Bring a pot of heavily salted

water (it should taste like the ocean) to boil and add pasta; cook according to package directions.

2. Heat a large skillet over medium heat and then add a tablespoon of oil. Add garlic and cook for about 1 minute, until fragrant. Add pancetta and cook until browned. Adjust the heat to low and then stir in the spinach and allow it to wilt.

3. Once pasta is done, add to the pan with spinach along with the remaining oil and stir. Sprinkle pasta with asiago cheese. Remove pasta from heat and serve. Serve immediately.

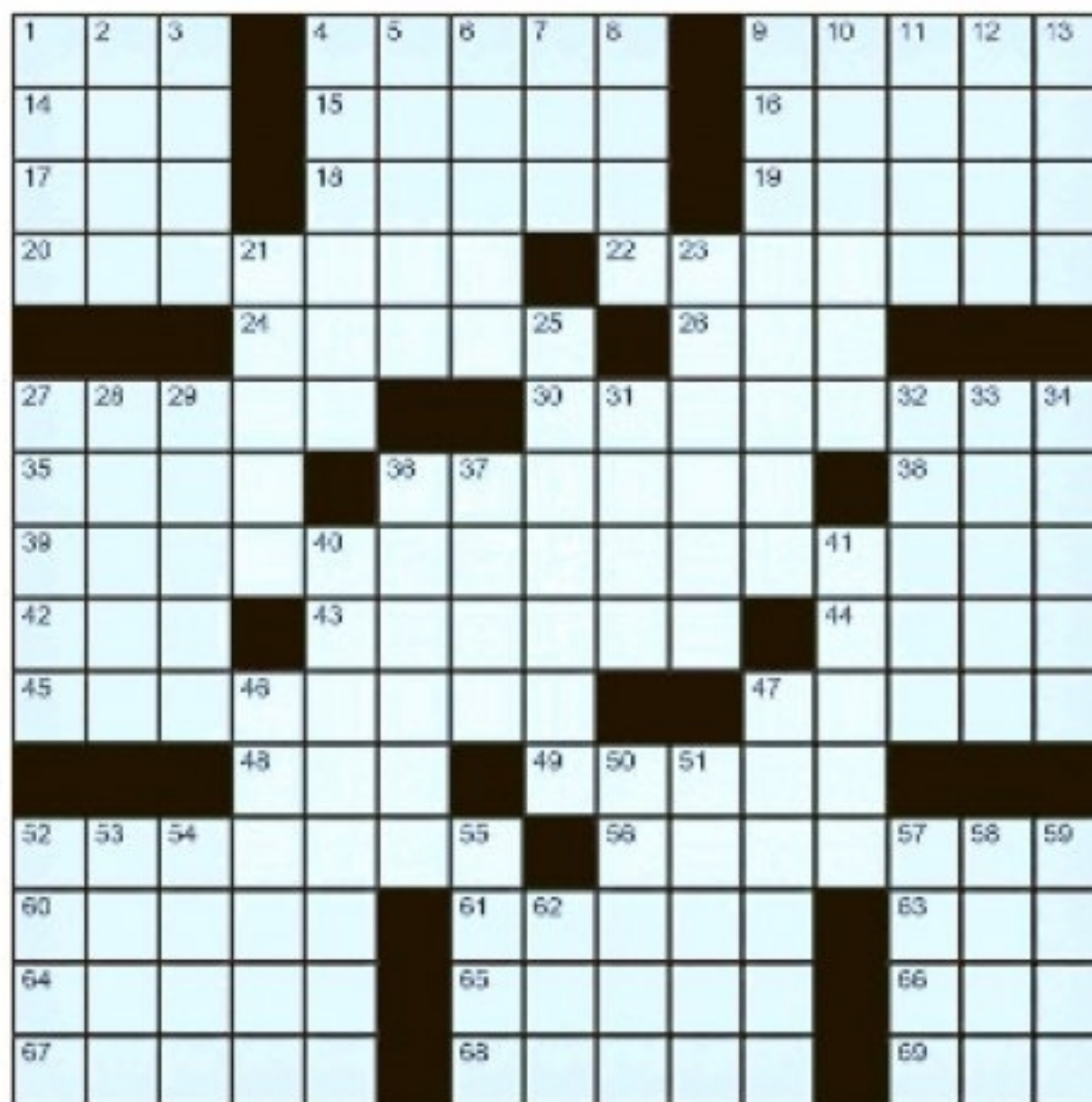
FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Illinois' largest city, for short
4. The baby cow's
9. Suit jacket flap
14. Carry a tune, but without words
15. "Encore!"
16. Showbiz personality Ms. Stewart once married to rocker Rod
17. Austrian peak
18. Green/grey songbird
19. Carriage
20. Breezing through the test
22. Woodstock attendees
24. City in Quebec
26. Campaign
27. "Glee" actress Ms. Riley
30. Counterattack
35. Bread alternative for a sandwich
36. Groucho Marx facial feature, hip-style
38. Two-__ tissues
39. Newfoundland town on Placentia Bay: 2 wds.
42. Eyeball
43. The Beaver State
44. Filmed-one's function
45. Resembling a bird's home
47. Chesterfields
48. "Get movin'!"
49. Barnyard bedding
52. James Mattis, the current US Secretary of __
56. Reigning
60. Earth's layer of protection



61. Higher up
63. Ms. Thompson of "Caroline in the City"
64. Dundee's fave reptiles
65. Spur's little spiked wheel
66. 'Tutor' suffix
67. Satisfies cravings

68. Downright mean
69. "Making Plans for Nigel" band

DOWN

1. Gent
2. Retro toy, __ Hoop
3. Pixies
4. Posh spooned-on serving with

- crackers
5. Cosmetic surgery concern
6. "Key __" (1948)
7. "Disgusting!", giant-style
8. Highbrow
9. Worker
10. Reunion attendees

11. Book leaf side
12. Tech sch. grad
13. __ out the plans (Shows the blue-prints)
21. Extract metal from ore
23. Tatiana Maslany's series, "__ Black"
25. Farms

27. Torch's work
28. 007 portray-er Roger
29. Sniffles
31. "__ Beach" by Martha & The Muffins
32. Leslie Nielsen's movie style
33. "Be-Bop-__" by Gene Vincent
34. Ancient harps
36. TV show
37. William Shatner's show, "Star __"
40. Sanctitude
41. Candice Bergen show, "Murphy __"
46. From that point, archaically
47. Way to give wise advice
50. Thinks, archaically
51. Strengthen, as an embankment
52. "Grey's Anatomy" pros
53. Better Than __ (Rock band)
54. Measurement in a person's height
55. Clear cash
57. Alberta village about half an hour east of Red Deer
58. In order in the house
59. Gym bag de-sweater
62. Anaconda, for one

*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day for mental work, because you will be careful and will not overlook details. Furthermore, you will have the steady endurance to finish what you begin.

Taurus April 21 - May 21
Research will go well today because your mind is steady and focused. You will stay on track, looking for what you want to find until you find it.

Gemini May 22 - June 21
Someone older or more experienced might have excellent advice for you today. It never hurts to listen, does it?

Cancer June 22 - July 23
A conversation with a boss or parent will be instructive today. Both parties will make progress in a practical way, especially in terms of planning.

Leo July 24 - Aug. 23
This is a great day to study anything, because you have focus and concentration. Furthermore, you won't overlook or skip things.

Virgo Aug. 24 - Sept. 23
Discussions about shared property, inheritances, wills and insurance issues will go well today. You will be thorough in everything you do; plus, someone more experienced might help you.

Libra Sept. 24 - Oct. 23
Discussions with partners and close friends are serious today, because you are in a serious frame of mind. Furthermore, people who are older and more experienced will help.

Scorpio Oct. 24 - Nov. 22
You will get a lot done at work today because you are in a practical, hands-on frame of mind. Be ready to listen to a boss or a more experienced co-worker who might help you.

Sagittarius Nov. 23 - Dec. 21
This is a good day for practical planning regarding sports, future social occasions and anything related to kids. Get out a pen and paper, and start making a list.

Capricorn Dec. 22 - Jan. 20
This is a good day for family discussions, especially discussions with a parent or an older family member. You will come up with practical ideas for now and in the future.

Aquarius Jan. 21 - Feb. 19
This is an excellent day to do future planning. This planning might be personal or professional. Discussions with siblings and relatives will be serious and productive.

Pisces Feb. 20 - March 20
Value your moneymaking ideas today, because you are in a sensible frame of mind. You have practical ideas about how to deal with your assets.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



©2014 Conceptis Puzzles, Ltd. by King Features Syndicate, Inc.



DOWNLOAD
METRO'S
NEW APP NOW

OFFLINE
READING

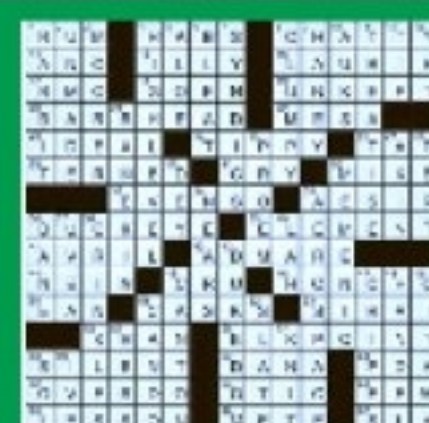
•LOCAL NEWS • VIEWS • LIFE • SPORTS

>>>

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to
metronews.ca/games



PICK-A-DEAL AT DARTMOUTH HYUNDAI ONLY!

The All-New
2017
Elantra

Starting at
\$13,999*
\$39* Weekly



UP TO
\$2,300
OFF

Starting at
\$9,349*
\$25* Weekly

The New
2017
Accent



UP TO
\$4,632
OFF

0%

**FOR 84 MONTHS
AVAILABLE ON
ALL MODELS!**

UPGRADE OPTIONS:

\$12 Weekly

- Automatic
- Heated Steering Wheel
- Heated Seats
- Rearview Camera

\$18 Weekly

- Power Sunroof
- Rear Heated Seats
- Push Button Start

UPGRADE OPTIONS:

\$12 Weekly

- Automatic
- Air Conditioning
- Bluetooth
- Remote Start

\$17 Weekly

- Heated Seats & Mirrors
- Keyless Entry
- Cruise Control

BONUS FREE 84 MONTH HYUNDAI WARRANTY ON SELECT ACCENT & ELANTRA!

The New
2017 Santa Fe Sport
2.4L FWD



UP TO
\$3,000
OFF

Starting at
\$69*
Weekly

UPGRADE to AWD

\$17 Weekly

- Heated Steering Wheel
- Leather Seats
- Blind Spot & RCTA
- Rearview Camera

The New
2017 Tucson
2.0L FWD



UP TO
\$2,550
OFF

Starting at
\$63*
Weekly

UPGRADE to AWD

\$15 Weekly

- Heated Steering Wheel
- Leather Seats
- Panoramic Sunroof
- Rearview Camera

BONUS



FREE \$500 GAS CARD ON TUCSON & SANTA FE

SAMPLE ONLINE REVIEWS

"Awesome service and no pressure, made buying painless!"

"Easy, stress free, and enjoyable."

"Made buying my first car a great experience!"

 CANADA'S BEST
MANAGED COMPANIES
Platinum member

O'REGAN'S
DRIVING HIGHER STANDARDS®

**DARTMOUTH
HYUNDAI**

60 BAKER DRIVE, UNIT - D
902-465-7500
oreganshyundaiddartmouth.com

 Factory
Authorized
Clearout

*All payments are plus freight, fees, and taxes.
See dealer for details.